

TRANSFORMING PRIMARY CARE WITH A MODERN APPROACH



Dr. Pat F. Bass III (Ricky), MD, MS, MPH

SHREVEPORT DIRECT CARE

- Internal Medicine
- Pediatrics
- Mental Health
- Weight Management with Semaglutide/Tirzepatide
- Urgent Care
- Women's Health
- Men's Health

www.ShreveportDirectCare.com
670 Alberman Dr., Suite 901 | Shreveport, LA 71106 | 318.588.7060

Rinchuso's

PLUMBING & HEATING, INC.
318-671-1820
607 Mount Zion Rd. Shreveport, La 71106
LMP-125 • LA. Mech. Contractor #19734

- Repairs
- Remodeling
- New Construction
- Water Heaters
- High Velocity Water Jetting
- Sewer & Drain Service
- Dishwashers & Disposals Installed
- Video Camera Inspections
- 24 HOUR EMERGENCY SERVICE



GUPPED WATERFOWL **DEAD RINGER** **AMERICAN BUFFALO KNIFE & TOOL CO.**

PSO **ROGUE RIDGE** **The GRIND**

ProSport OUTDOORS **MAMMOTH**

VETERAN OWNED BUSINESS • ROCKRIDGEOUTDOORS.COM
LOUISIANA OWNED AND OPERATED




FAIRFIELD MARKET & CAFÉ
6955 FERN LOOP
SHREVEPORT, LA
318-465-2080

HOURS:
TUES. - SAT. 10 AM - 7 PM
CLOSED SUN. & MON.

Mr. Menu

CALL US TO ADVERTISE!
318.205.8993

We provide menus to restaurants statewide, and HUGE visibility to our advertisers!

sales@MrMenu.biz • www.MrMenu.biz



You Are Not Alone!



THE BRIDGE
Alzheimer's & Dementia Resource Center

www.alzbridge.org
318.656.4800 • 851 Olive Street • Shreveport, LA 71104

Alzheimer's & Dementia Services for Family & Caregivers:

- Resources
- Education
- Support

We Are With You...
EVERY STEP OF THE WAY



OSBORN FUNERAL HOME AND CREMATORIUM

318.865.8426 • 3631 Southern Avenue • osbornfuneralhome.net

NATIONAL CHAMPIONS 1958 - 2003 - 2007



TIGER TRAILS LLC | PARTY BUS RENTALS

Serving Shreveport/Bossier and Surrounding Areas!
W: tigertrails.net • P: 318.393.1404 or 318.393.7355 • E: keith2woods@hotmail.com



EAST BANK REAL ESTATE
A BOUTIQUE EXPERIENCE

Jenny Cyrus-Spivey
REALTOR®
Cell (318) 588-1277
jenny.spivey@hotmail.com

401 Barksdale Blvd • Bossier City, La. 71111
Office: 318-658-0345 • Direct: 318-588-1277

LICENSED IN THE STATE OF LOUISIANA AND OKLAHOMA

BRANDING
DIRECT MAIL
EMAIL MARKETING
PRINTING
LOGO DESIGN
MAGAZINE ADS
IMAGE CAMPAIGNS



Teri Flash
creative


CREATIVE CONCEPT + DESIGN
EFFECTIVE MARKETING | DIGITAL + PRINT

318.393.0006 | www.teriflashcreative.com | teri@teriflashcreative.com

FAIRFIELD MARKET & CAFÉ

6955 FERN LOOP
SHREVEPORT, LA
318-465-2080

HOURS:
TUES. - SAT. 10 AM - 7 PM
CLOSED SUN. & MON.



EUSTIS MORTGAGE

Call Becky Mason for all of your mortgage needs.
The most experienced with the best local service in the area!

Becky@EustisMortgage.com
NMLS #463811

318-797-2335



Home & Auto. Save & Smile.



Benee Irwin, Agent
411 Sophia Lane
Shreveport, LA 71115
Bus: 318-798-1233
beneeirwin.com

Make sure you brush a little extra today. Because you'll be smiling more when you combine your home and auto insurance with State Farm® Just another way I'm here to help life go right.™
CALL ME TODAY.

State Farm® *Based on written premium as reported by SNL Financial 2014.
State Farm Mutual Automobile Insurance Company State Farm Indemnity Company Bloomington, IL
State Farm County Mutual Insurance Company of Texas Dallas, TX, State Farm Fire and Casualty Company, State Farm General Insurance Company, Bloomington, IL, State Farm Florida 1601979 Insurance Company, Winter Haven, FL, State Farm Lloyds, Richardson, TX



Mr. Menu

CALL 318.205.8993 TO ADVERTISE! MRMENU.BIZ

APPETIZERS

CRAB CAKE	\$18
MARINATED CRAB CLAWS	\$20
SHRIMP COCKTAIL	\$18
FRIED MUSHROOMS	\$10
FRIED BELL PEPPER RINGS	\$10
SMOKED SALMON APPETIZER	\$16
FRIED GREEN BEANS	\$10
NATCHITOCHE MEAT PIES	\$8
ONION RINGS	\$10
CHICKEN FINGERS	\$10

SALADS

GARDEN SALAD	\$10/8
Romaine lettuce, cherry tomatoes, black olives, hearts of palm, and purple onion	
CAESAR SALAD	\$10/8
Romaine lettuce, Kalamata olives, croutons, caesar dressing, and grated Parmesan cheese	
SPINACH SALAD	\$10/8
Fresh spinach, bacon, eggs, purple onion, mushrooms	
SISTER SALAD	\$10/8
Spinach, sundried tomatoes, purple onion, feta cheese, walnuts and Fairfield Vinaigrette with whole wheat crackers	
SPRING SALAD	\$10/8
Spring Mixed greens, purple onion, sun dried tomatoes, goat cheese, roasted walnuts	

Add chicken, Shrimp or Brisket for \$6
Add Ham or Turkey for \$4
Add Avocado for \$2

Fairfield Vinaigrette, Raspberry Vinaigrette, Blue Cheese, Spinach Salad Dressing, Creamy Italian, Lime Vinaigrette, Roasted Red Pepper, Cilantro-Lime Ranch, Or Creamy Caesar

SPECIALTY SALAD PLATES

CHICKEN SALAD	\$14/12
Roasted, shredded chicken with red and yellow peppers, purple onions, celery, water chestnuts & mayo. Served on a bed of spring mix with tomatoes	
CRABMEAT SALAD	\$19/17
Crabmeat, white remoulade, green onions and celery. Served on a bed of spring mix with tomatoes	
MARINATED SHRIMP SALAD	\$17/15
Boiled shrimp, marinated in our lime vinaigrette dressing with jalapeno, red onion, and marinated asparagus, avocado, wedge tomato over a bed of iceberg lettuce	
TUNA SALAD	\$12/10
Flaky tuna, mayo, mustard, green onions, celery, hard boiled eggs & dill pickles. Served on a bed of spring mix with tomatoes	

SHRIMP REMOULADE	\$17/15
Boiled shrimp, pink remoulade, green onions, & celery. Served with avocado and tomatoes on a bed of spring mix	
SOUTHWEST CHICKEN SALAD	\$15/13
Spring mixed greens, black bean, corn, avocado, purple onion, cheddar and Monterrey jack cheeses served with our cilantro lime ranch dressing and topped with corn tostada covered with sliced southwest grilled chicken and melted cheese	
CHICKEN THING	\$15/13
Sliced chicken breast with melted cheese, topped with iceberg lettuce, tomato, avocado, purple onion, black olives & sliced jalapenos. Served with cilantro lime ranch	

SPECIALTY SANDWICHES

CRAB CAKE	\$20
Served on a sweet sourdough bun with lettuce, tomato and pink and white remoulade sauce	
CHIPOTLE PORK	\$15
Served on ciabatta bun with marinated pork tenderloin, provolone cheese, grilled onions and a raspberry chipotle sauce	
HAMBURGER	\$16
Lettuce, tomatoes, pickles, onions, mayo and yellow mustard	
GRILLED CHICKEN	\$16
Served on a sweet sourdough bun with creole mustard, mayo, purple onion, lettuce, tomato	
STEAK SANDWICH	\$16
Thinly sliced tenderloin served on a sweet sourdough bun with grilled onions, mayo, creole mustard, lettuce and tomato	
GROWN-UP GRILLED CHEESE	\$16
Your choice of ham or turkey on sourdough with a seasoned Parmesan cheese spread, and grilled in extra virgin olive oil	
CUBAN	\$16
Served on a Ciabatta bun with pork, ham, swiss cheese, pickles, mayo and yellow mustard	
REUBEN	\$16
Marbled rye bread, homemade Russian dressing, sauerkraut, swiss cheese & corned beef	

DELI SANDWICHES

BRISKET	\$14/12
Served on your choice of bread with provolone cheese, mayo, creole mustard, lettuce, tomato and brisket sauce	
CHICKEN SALAD	\$14/12
Served on your choice of bread with lettuce and tomato	
FAIRFIELD CLUB	\$14/12
Served on a sweet sourdough bun with turkey, ham, bacon, cheddar and Swiss cheese, mayo, lettuce and tomato	
BLT	\$12/10
Bacon, lettuce, tomato and mayo served on your choice of bread	

CUCUMBER SPREAD	\$12/10
Served on your choice of bread with lettuce and tomato	
PIMENTO CHEESE	\$12/10
Served on your choice of bread with lettuce and tomato	
TUNA SALAD	\$12/10
Served on your choice of bread with lettuce and tomato	
SMOKED TURKEY	\$12/10
Served with provolone cheese, mayo, creole mustard, lettuce and tomato	
VEGGIE	\$14/12
Served on your choice of bread with cream cheese, avocado, olive mix, purple onion, lettuce and tomato	
SMOKED HAM	\$12/10
Served on your choice of bread with Swiss cheese, mayo, creole mustard, lettuce and tomato	

All sandwiches come with your choice of bread
 Black Russian, Ciabatta Bun, Jalapeño Bun, Marbled Rye, Sourdough, or Whole Wheat

PO-BOYS

BOILED SHRIMP	\$14/12
Served on toasted french bread with white and pink remoulade sauces, lettuce & tomato	
BRISKET	\$16/14
Served warm on toasted french bread with provolone cheese, mayo, creole mustard, lettuce, tomato and brisket sauce	
CHICKEN SALAD	\$14/12
Served on toasted french bread with lettuce and tomato	
SMOKED HAM	\$12/10
Served warm on toasted french bread with Swiss cheese, mayo, creole mustard, lettuce and tomato	
MEATBALL	\$14/12
Served warm on toasted french bread with provolone cheese and tomato-basil sauce	
MUFFALETTA	\$14/12
Served warm on toasted french bread with olive mix, turkey, ham, salami, and provolone cheese	
TUNA	\$12/10
Served on toasted french bread with lettuce and tomato	
SMOKED TURKEY	\$12/10
Served warm on toasted french bread with provolone cheese, mayo, creole mustard, lettuce and tomato	

Served on Po-Boy Buns With Chips And A Pickle. Check Out Our Sides If You Would Like To Upgrade!

Ask Your Server About Our Daily Special And Homemade Soups

SIDES

FRIED GREEN BEANS	\$4
FRESH FRUIT CUP	\$5
HAND CUT FRENCH FRIES	\$4
ONION RINGS	\$4

KIDS MENU FOOD

GRILLED CHEESE	\$6
CHICKEN TENDERS	\$10
PEANUT BUTTER AND JELLY	\$6
SMOKED TURKEY AND CHEESE	\$6
SMOKED HAM AND CHEESE	\$6
KIDS BURGER	\$10

DRINKS
 FOUNTAIN SODA, MILK, LEMONADE

SPECIALTY DISHES & STEAKS CUT & COOKED TO ORDER

FILET - 6 or 8 oz	MARKET PRICE
VEAL LIVER & ONIONS	\$24.99
(NO SIDES \$14.99)	

All steaks served with

TWICE BAKED POTATO or FRENCH FRIES
 and choice of

SALAD & DRESSING

BEVERAGES
 Soft-Drinks • Fresh-Brewed Flavored Tea
 Sweetened & Unsweetened Tea
 Regular & Decaffeinated Coffee

ADULT BEVERAGES
 Domestic & Imported Beers
 Wines • Cocktails

DELECTABLE DESSERTS

BROWNIE	\$3.50
BLONDIE (Brown Sugar Brownie)	\$3.50
CHOCOLATE CHIP COOKIE	\$3.00
OATMEAL RAISIN COOKIE	\$3.00
BANANA PUDDING	\$6.49
CREME BRULEE	\$6.49

SOME ITEMS SERVED AT THIS ESTABLISHMENT MAY CONTAIN IMPORTED SHRIMP. ASK FOR MORE INFORMATION.

DOES YOUR COMPANY OR PRODUCT NEED SOME ATTENTION?



Paragon PRESS
 DESIGN • PRINT • MAIL

WE HELP YOU GET NOTICED!

- Database Management
- Digital & Offset Printing
- Postcards
- Newsletters
- Catalogs
- Business Cards
- Scratch Off Promotions
- Foil Stamping
- Embossing
- Large Format Printing
- Die Cutting
- Promotional Items

WWW.PARAGONPRESS.NET • 318.868.3351 • 901 TATUM STREET • SHREVEPORT, LA 71107

SHERRY L. LAFITTE
 MORTGAGE CONSULTANT NMLS #1022791

LOAN PRODUCTION OFFICE
 7607 Fern Ave, Suite 1003
 Shreveport, LA 71107

318.629.7800
 Cell: 318-347-5061
 Fax: 318.317.0647

slafitte@cibtbankco.com
 cbtmortgageloans.com




EVANS FINANCIAL GROUP™
 evansfinancial.com

Curious about your potential tax bill?
 Use our free Tax Tool to find out.



Your retirement account comes with a tax partnership with the government (IRA, 401k, pension, etc.).

We are an independent financial services firm helping individuals create retirement strategies using a variety of investment and insurance products to custom suit their needs and objectives. Investment advisory services offered through Brookstone Capital Management LLC (BCM), an SEC Registered Investment Adviser. BCM and Evans Financial Group are independent of each other.

TAYLORTOWN

WHERE BEAUTY MEETS HISTORY

8568 Barksdale Blvd.
 Bossier City, Louisiana 71112
 Taylortownreceptionhall.com



RAY'S PAINT & BODY SHOP

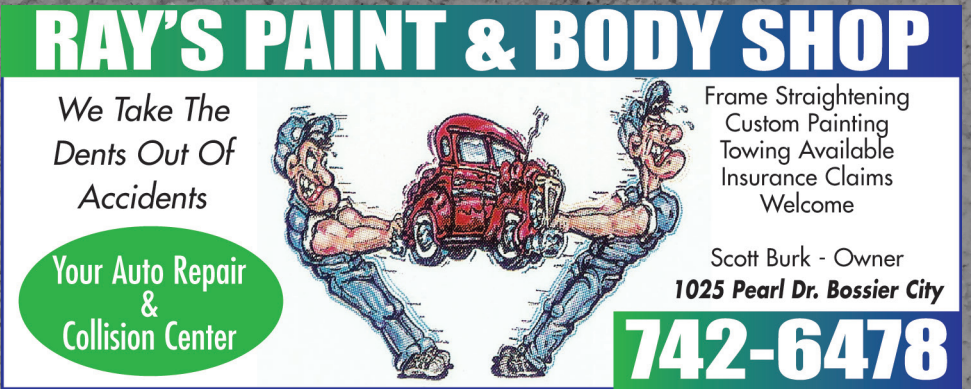
We Take The Dents Out Of Accidents

Your Auto Repair & Collision Center

Frame Straightening
 Custom Painting
 Towing Available
 Insurance Claims Welcome

Scott Burk - Owner
 1025 Pearl Dr. Bossier City

742-6478



View this menu online at MRmenu.biz Call Fairfield Grocery at 318-465-2080